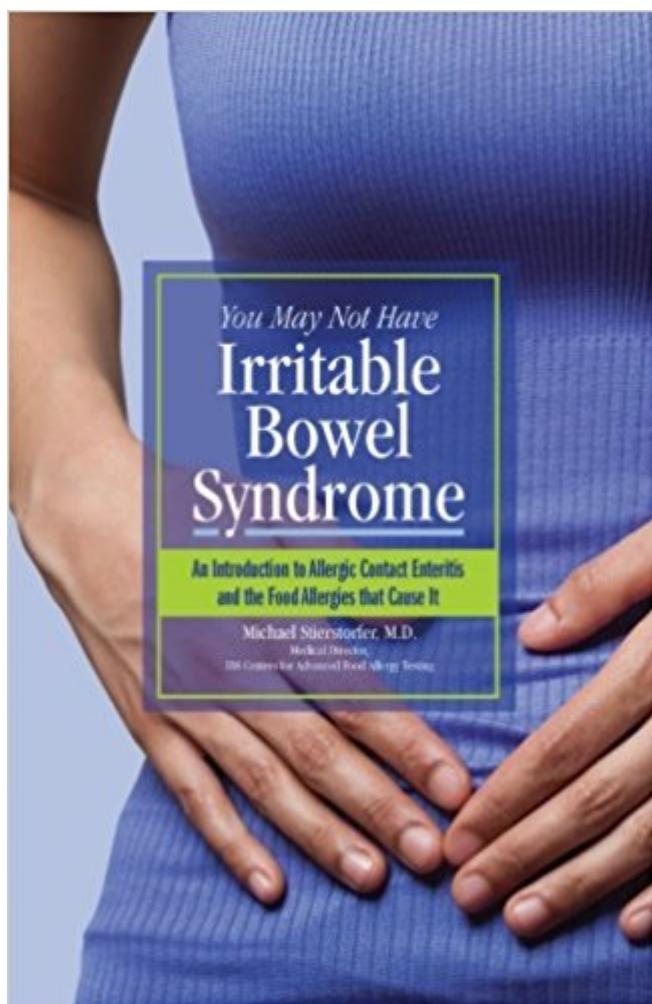


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You May Not Have Irritable Bowel Syndrome: An Introduction To Allergic Contact Enteritis And The Food Allergies That Cause It



Synopsis

An estimated 32 to 48 million Americans and many more worldwide have IBS--or think they have it. This book presents groundbreaking insights into the cause of IBS that have led to the recognition of and testing for a new disease, allergic contact enteritis, that can help and in many cases cure people who carry a diagnosis of IBS.

Book Information

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Customer Reviews

Michael Stierstorfer, M.D. is a board-certified dermatologist in North Wales and Philadelphia, Pennsylvania. He is the pioneer of the usefulness of food patch testing for IBS and IBS-like symptoms, and is the founder of East Penn Dermatology, P.C. and the IBS Centers for Advanced Food Allergy Testing, LLC. He specializes in medical, surgical and cosmetic dermatology. Dr. Stierstorfer graduated with honors from Franklin & Marshall College and the Temple University School of Medicine. He completed his Internal Medicine internship and Dermatology residency at the Dartmouth-Hitchcock Medical Center, where he served as Chief Resident. He is a Clinical Associate Professor of Dermatology at the University of Pennsylvania School of Medicine, where he supervises Dermatology residents in training and was awarded a Faculty Teaching Award in 2008. He is a member of the American Academy of Dermatology, the Pennsylvania Academy of Dermatology and Dermatological Surgery, and the Philadelphia Dermatological Society. He has published in a number of peer-reviewed dermatology journals and is a clinical investigator independently and with the Dermatology Clinical Effectiveness Research Network (DCERN) and a

participant in the Major League Baseball Skin Cancer Screening and Awareness Program.

It made me think differently about the source of these symptoms. Thanks Dr. Mike.

I would recommend this book for anyone who thinks they have irritable bowel syndrome. It gives a great summary of what's "out there" but also provides new information that should help a lot of people. Looks like food allergies play a big role after all but not the kind of allergies that have long been suspected. The connection between foods used for patch testing and what the food is doing in your GI tract is brilliant and makes a lot of sense!

This book was highly informative. It is written in a clear manner that is understandable to the average person who may not be a medical professional. Yet at the same time Dr. Stierstorfer backs up his conclusions with extensive research and background information. A groundbreaking book on an oft-misunderstood sickness.

An excellent read and eye opening read by Dr. Stierstorfer. He sheds light on a very common illness most of us are unaware we have. A must read for those who have frequent stomach pains, cramps, or indigestion.

New to me information about a friend's Problem

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